



Clinical Research at Gratton Surgery.

REVIEW

Another busy 6 months in Clinical Research. Over the summer months many of our ongoing studies have closed to recruitment and are being analysed. Many more studies are coming along in the pipeline and we are waiting to hear if we have been selected as a site to participate.

With over 40 studies now under either ongoing or closed to recruitment and ranging from simple data base searches and invitation mailouts to patients to Investigational Medical Product studies such as ARTIC PC. Commercial Studies Phase 4 Ivabradine retrospective chart review.

Read more in the newsletter on details of upcoming studies.

DEVELOPMENT OF THE GRATTON WEBSITE FOR PATIENT INTEGRATION & CLINICAL RESEARCH.

Clinical Research links will feature on our new Gratton website . Patients will be able to see our list of ongoing and closed recruitment studies at the surgery and contact us directly. They will be able to link with current NIHR initiatives and join Dementia awareness and I am Research campaigns from the NIHR. With the aim to increase patient awareness in the community of Clinical Research and how it can benefit them. More patients than ever are becoming involved in Research this last year with over 750,000 patients taking part in national trials affiliated with the National Institute of Health Research Dept. West Hampshire CCG is performing within the top 10 CCG s for recruitment and the no. of studies performed.

See over leaf for Top 10 performing CCGs

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NIHR RESEARCH ACTIVITY LEAGUE TABLE 2017-2018

See the top ten* CCGs supporting the most research studies

1. NHS Oxfordshire CCG
2. NHS Cambridgeshire and Peterborough CCG
3. NHS Wiltshire CCG
4. NHS Dorset CCG
5. NHS South Eastern Hampshire CCG
6. NHS Camden CCG
7. NHS Northern, Eastern and Western Devon CCG
8. NHS West Hampshire CCG
9. NHS Bath and North East Somerset CCG
10. NHS North Norfolk CCG

See the top ten* list of CCG regions reporting the biggest increase in number of studies

1. NHS South Eastern Hampshire CCG
2. NHS Dorset CCG
3. NHS West Hampshire CCG
4. NHS Harrogate and Rural District CCG
5. NHS Coastal West Sussex CCG
6. NHS Morecambe Bay CCG
7. NHS Brent CCG
8. NHS Canterbury and Coastal CCG
9. NHS Fareham and Gosport CCG
10. NHS Swindon CCG

CLOSED TO RECRUITMENT—STUDY UPDATES

MyBreathingMatters ASTHMA STUDY -

This study recruited 9 patients and is now closed. The final notes review is complete and the study is in its analysis phase. This study researched an online self help tool for patients with stable Asthma. The online tool was designed to help them manage and stabilise their condition by making small changes to their lifestyle without the need to see a GP.

HEAT Study -

Ongoing MiQuest updates every 6 months following up enrolled patient outcomes such as hospital admission with GI bleeding. And or associated complications. This Will continue for duration of the study until analysis.

Home BP -

Closed for analysis. 7 patients recruited. Online resource for hypertensive patients to monitor BP at home. Monitoring tool alerted the practice to amber or red BP levels in line with National guidelines. Lifestyle guidance tools available for patients to encourage lifestyle changes.

Ivabradine Phase 4 Study -

A retrospective commercial chart review to look at use of the drug over certain licencing periods. Now complete.

RESOURCES AVAILABLE TO SUPPORT TRIAL TEAM AT GRATTON

THERE IS A CLINICAL RESEARCH FOLDER LOCATED IN THE SHARED DRIVE.

THIS HOUSES ALL STUDY TRIAL DOCUMENTATION, SHOULD YOU NEED TO REFER TO A SPECIFIC PROTOCOL OR PROCEDURE FOR EACH STUDY, YOU CAN LOCATE SAE REPORTING PROCEDURES, STUDY DOCUMENTATION AND TRAINING DOCUMENTATION HERE.

THIS IS LOCATED AT THE FOLLOWING LOCATION ON THE SHARED DRIVE UNDER THE FOLDER MARKED AS FOLLOWS:-

S:\CLINICAL RESEARCH

(HOLD CONTROL/RIGHT CLICK MOUSE FOR ACCESS)

A SPREADSHEET SHOWING ALL TRIALS ONGOING /COMPLETE/UNSUCCESSFUL SITE RESPONSE AND THEIR STATUS CAN BE LOCATED AT THE ABOVE LINK

Reading links:

National Institute Health Research NIHR in Primary Care

<https://www.nihr.ac.uk/nihr-in-your-area/primary-care/>

NHS Choices; Overview of Clinical Trials

[HTTPS://WWW.NHS.UK/CONDITIONS/CLINICAL-TRIALS/PAGES/](https://www.nhs.uk/conditions/clinical-trials/pages/)

UPCOMING AND CURRENT STUDIES AT GRATTON

ARTIC PC STUDY -

Ongoing paediatric study. Lead GP Dr Glew. Opportunistic recruitment of children presenting with cough ? LRTI.

Please review patients presenting for Triage and alert Dr Glew or Amanda. Inclusion and exclusion criteria can be found on the shared drive. This is a study being run by Southampton University and Prof. Paul Little.

Recruitment ongoing since 2017.

REDUCE WORKSTREAM 3 AND 4 -

Study to review long term antidepressant use. Patient interviews held for WS 3- 5 patients participated.

WS 4 commencing 4 Oct 2018. WS 4 supports patients to taper off long term anti depressant use. Site initiation meeting scheduled for 4 Oct 2018

ATTACK—ASPIRIN TO PREVENT ARTERIAL EVENTS IN LONG TERM KIDNEY DISEASE

This large national study will be run in a similar way to HEAT study where clinics will run here at Gratton to screen and enrol suitable target patients who may wish to participate. Expression of interest stage. Full training will be given when the site is selected to begin screening.